

Health & Wellbeing

**Joint Health & Wellbeing
Presentation to
Bury East Township Area**

February 2013

What's going on with our local health services?

- Health and Social Care Act 2012
- Health and Well Being Board
- Clinical Commissioning Group
- Healthwatch



Health and Wellbeing Board

Every council has a health and wellbeing board, made up of key leaders from the health and care sector.

They will:

- Develop a strategy for the Bury Area
- Involve patients in decision making
- Influence and inform local commissioning of health services
- Involve local people in the development of the strategy for local health and social care services



Clinical Commissioning Group (CCG)

Known as CCGs, these will take responsibility for commissioning (designing and purchasing) services

Made up of all 33 GP Practices in Bury

Engage with local people to improve health and wellbeing

Work with Bury Council and other partners to improve health and wellbeing

Ensure that a range of health services are available

Ensure that monies are spent wisely



Health Watch

This new organisation will represent the needs and views of service users in the commissioning of **health and social care services** in Bury.

The aim is to give individuals and communities a stronger voice to influence and challenge how health and care services are provided within their locality.

The consultation for the local Health Watch has been conducted.

The second phase is about to begin if you want more information contact Shirley Allen: 0161 253 6302 or email: S.Allen@bury.gov.uk



Health & Wellbeing

Living Well in Bury: Making it happen together

Draft Joint Health & Wellbeing Strategy 2013-2018



Our vision:

“ We will improve health and wellbeing through working with communities and residents to ensure that all people have a good start and enjoy a healthy, safe and fulfilling life.”



Why it's important?

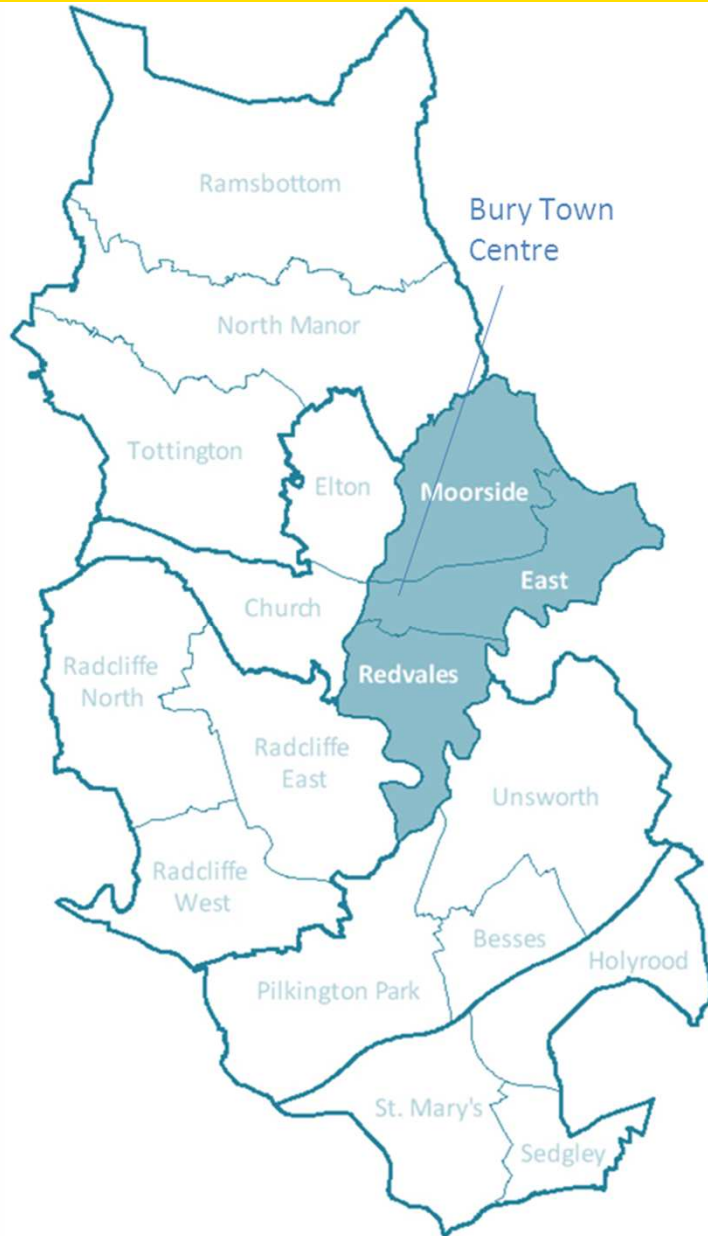
- Large differences in life expectancy across Bury
- Increasing and ageing population.
- For people in Bury aged 65 and over, by 2025:
 - 5,000 more Long Term Limiting conditions
 - 8,500 mobility problems
 - 5,000 suffering diabetes
 - 1,000 – 1,500 more people with dementia
- Increased death rates in areas of higher deprivation



Health – Bury East Township

- Bury East is worse than the Bury average for all indicators in the Township Profile
- The township is the worst in Bury for:
 - Life expectancy (male and female)
 - Mortality
 - Deprivation
 - Alcohol-related admissions
 - Child Obesity
 - Teenage Conceptions

Health – Bury East Township



**Better
than Bury**

**Worse
than Bury**

- Life expectancy*
- Teenage conceptions*
- Deprivation*
- Alcohol-related admissions*
- Mortality*
- Smoking
- Child obesity*

**worst in Bury*

Health – Bury East Township

Life Expectancy (2010)

Males:

Township	Life Expectancy (years)
Rams, Tott & N Manor	81.0
W'field & Uns	79.3
Radcliffe	77.6
Prestwich	77.6
Bury West	76.9
Bury East	74.3

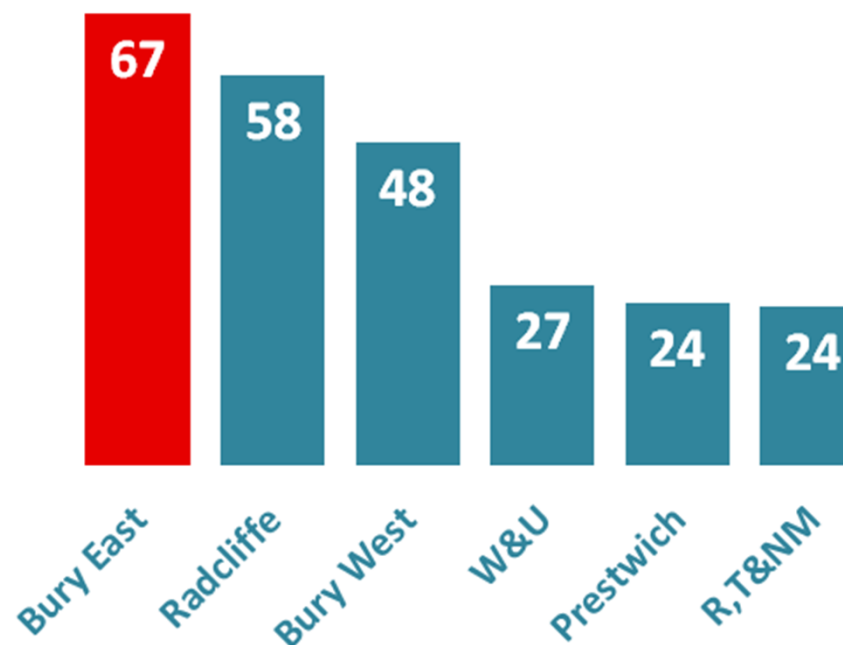
Females:

Township	Life Expectancy (years)
Prestwich	83.4
Rams, Tott & N Manor	82.2
Bury West	82.1
W'field & Uns	80.9
Radcliffe	79.9
Bury East	78.9

Health – Bury East Township

Teenage Conceptions: rate per 1000 females aged 13-18 (2010)

Township	Rate per 1000 females aged 13-18
Bury East	67
Radcliffe	58
Bury West	48
W&U	27
Prestwich	24
R,T&NM	24
Bury	41



Influences on health

Figure 2: Model of wider determinants of health & wellbeing



Source: Modified from Dahlgren & Whitehead's rainbow of determinants of health (G Dahlgren and M Whitehead, Policies and strategies to promote social equity in health, Institute of Futures Studies, Stockholm, 1991) and the LGA circle of social determinants (Available at: http://www.local.gov.uk/web/guest/health/-/journal_content/56/10171/3511260/ARTICLE-TEMPLATE)



We pledge to:

- **Promote & develop prevention, early intervention and self care**
 - Providing the right support
 - Make the right choices for their health & wellbeing
- **Achieve lasting reductions in health inequalities**
 - Large differences in people's health & wellbeing
 - Leading to unfair life chances



We pledge to:

- **Develop person centred services**
 - Simplify how health and wellbeing is created and deliver high quality care for all
- **Plan for future demands**
 - Good quality, active and fulfilling lives into old age



Improving health throughout life

- **Starting well:** Ensuring a positive start to life for children, young people and families
- **Developing well:** Encouraging healthy lifestyles and behaviours in all actions and activities
- **Growing well:** Building strong communities, wellbeing and mental health
- **Living and working well:** Promoting independence of people living with long term conditions
- **Ageing well:** Supporting older people to be safe, independent and well



Making it happen together: Edna's story

Edna is 79 years old, she lives alone she does have some friends but her family is not local

She has mobility problems and recently dementia, she needs regular medication for a skin condition and to thin her blood

She's worried – her deteriorating health, her poor memory she thinks she will not keep track of her medication

Edna feels confused and is afraid that after a lifetime she will lose her independence

What can we do that's best for Edna?



Making it happen together: Edna's story

Keeping Edna central

The practice nurse from her GP will discuss her health and her needs

Her medication will be self managed through the use of a 'pill-box'

She will have a named Care Co-ordinator who will have an overview of Edna's physical and mental health

With Edna's permission, her information will be shared with other agencies. As a result Edna's health and care support will be better managed

The local Primary Care Centre will monitor her blood

She will attend the local Dementia Cafe which will give additional support.

Edna will be independent at her own home and both her and her family will feel relieved at a challenging time.



Next steps:

- Identifying priorities for action
- Involvement and engagement
- Finalising the strategy
- Making it happen



Get involved

- **Contact:**

www.bury.gov.uk/healthandwellbeing

By 15 February 2013



Health and Wellbeing Consultation

TELL US WHAT YOU THINK



This consultation will enable the Health and Wellbeing Board and the NHS Bury Clinical Commissioning Group understand your priorities for Bury. We are giving you the opportunity to help us shape the services you receive.

This consultation is anonymous, however if you would like to be involved in any future consultations or kept updated on what changes we make following your responses, please enter your email address at the end of the survey.

The information collected in this consultation will be shared between the Health and Wellbeing Board and the NHS Bury Clinical Commissioning Group. By completing this survey, you are consenting to sharing this information.



BASIC INFORMATION

Please answer the questions by ticking the box that best describes how you feel.

Q1. Are you completing this survey as an individual or on behalf of a group?

Individual Group

Q2. What is your involvement in the local community?

Member of the public Health Protection Agency

Councillor Business Organisation

NHS: Commissioner Voluntary / third sector

NHS: Provider Service Provider

Other (please specify)

Q3. Overall, looking at the strategy, how would you rate it in terms of it being the right idea for Bury?

Very Good	Good	Neither Good nor Bad	Bad	Very Bad
				

Q4. Do you have anything further you would like to add? For example, ways in which it could be improved?

Your thoughts on our proposed priorities

Five proposed priorities have been developed within the Bury health and Wellbeing Strategy. For a summary of these please see page 17

5. What order would you put the following in? (1-first, 5-fith)

- Starting Well: Ensuring a positive start to life for children, young people and families
- Developing Well: Encouraging healthy lifestyles and behaviours in all actions and activities
- Growing Well: Helping to build strong communities, well being an mental health
- Living and Working Well: Promoting independence of people living with long term conditions
- Ageing Well: Supporting older people to be safe independent and well

Looking Forward

In tackling the health and wellbeing priorities outlined above, it is important that we continue to challenge our ways of working, identify if we are using the right approach and explore how we can work more effectively. Your continued engagement is important to us.

6. What do you think are the key markers of achievement in meeting the health and wellbeing priorities for your community?

7. Do you have anything you would like to add to this Strategy?

About you

Finally, it would be helpful if you could answer a few questions about yourself. We will use this information to ensure we have communicated with all areas of our population.

Q8. What's is your age?

Under 16 16-24 25-44 45-64 65+
 Prefer not to say

Q9. Are you male or female?

Male Female Prefer not to say

Q10. How would you describe your ethnicity?

Race

White

British
 Irish
 Traveller of Irish Heritage
 Gypsy Roma
 Other White European
 Any other White background

Mixed Race

White and Black Caribbean
 White and Black African
 White and Pakistani
 White and Bangladeshi
 White and Indian
 Any other Mixed Race background

Black and Black British

Black Caribbean
 Black African
 Black British
 Any other Black background

Asian and Asian British

Indian
 Pakistani
 Bangladeshi
 Chinese
 Any other Asian background

Other Ethnic Backgrounds

Any other ethnic background

Unknown

Q11. Please enter your postcode if you are a UK resident

Q12. Do you have any of the following long standing conditions?

Blindness or Partially sighted	<input type="checkbox"/>	A mental health condition	<input type="checkbox"/>
Deafness or severe hearing impairment	<input type="checkbox"/>	A long standing physical condition	<input type="checkbox"/>
Mobility difficulties	<input type="checkbox"/>	Cognitive or learning disabilities	<input type="checkbox"/>
A long standing illness such as cancer, diabetes or epilepsy			<input type="checkbox"/>
No, I do not have a long standing illness			<input type="checkbox"/>
Prefer not to say			<input type="checkbox"/>

Q13. What is your employment status?

Employee in full time job	<input type="checkbox"/>	Unemployed	<input type="checkbox"/>
Employee in part time job	<input type="checkbox"/>	Permanently sick / disabled	<input type="checkbox"/>
Self employed	<input type="checkbox"/>	Retired	<input type="checkbox"/>
Full time Education	<input type="checkbox"/>	Looking after the home	<input type="checkbox"/>
Other (please specify)	<input type="checkbox"/>		

Q14. If you would like to receive feedback of how your views has helped us with the Strategy please leave your email address below.

Please post or drop off your completed survey to

Adult Care Connect and Direct,
Textile Hall, Manchester Road, Bury, BL9 0DG
Open Monday-Friday 9am-5pm (10am Wednesdays)

OR

Moorgate Primary Care Centre, First Floor Reception,
22 Derby Way, Bury BL9 0NJ
Open 8am-8pm every day.

Thank you for taking part.